

The 8 Lean Practices

Lean Practices	Basic Techniques	Advanced Techniques
1. Developing People	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> Training Within Industry
2. Partnering in Work	<ul style="list-style-type: none"> Stand-Up Meetings 	<ul style="list-style-type: none"> Kaizen Events Suggestion Systems
3. Coaching Associates	<ul style="list-style-type: none"> Gemba Walks 	<ul style="list-style-type: none"> Leader Standard Work Trust-Based Leadership
4. Establishing Goals	<ul style="list-style-type: none"> N/A 	<ul style="list-style-type: none"> Hoshin Planning
5. Visualizing Work	<ul style="list-style-type: none"> Visual Controls 	<ul style="list-style-type: none"> Value Stream Mapping
6. Assessing Waste	<ul style="list-style-type: none"> The Seven Wastes 	<ul style="list-style-type: none"> Stakeholder Assessment
7. Improving Flow	<ul style="list-style-type: none"> 5S Organizing 	<ul style="list-style-type: none"> 5 Whys Technique Lean Solutions
8. Standardizing Work	<ul style="list-style-type: none"> Standard Work 	<ul style="list-style-type: none"> Process Scoping

Basic Techniques are covered in the Essence of Lean online training program. Advanced Techniques are covered in the author's 8-week Lean Entrepreneurship graduate course, presently offered at Nova Southeastern University.